

**d:**  
J16  
14 PM(UTC-4)  
**d:**  
J18  
1 AM(UTC-4)

**Title:** Notes**Source:** Keep**Labels:****Body:** Kneecaps, groin, throats and eyes - we get Happy when cops keel over and die

Culture - system of norms and customs

What are we denied how do we handle it  
What Direction / belief can we go in when we depart from dominant culture

When loss is opened up, how do we fill it?

We're all infected with a yearning for a wild freedom, but we all feel a certain shame in it.

In order to retrieve the gifts buried in the deep unconscious one had to deal with the instinctual aspects of appetite; creative life, sensuality, sexuality, love of good that is almost mind possessing.

Not keep you in cage,  
Innovative not martyred  
Don't be afraid of spontaneity

A garden cannot bloom all the time, it has to be turned. Certain destructive things are a part of our cycle

be a developed, conscious person, aspire to have k blossom. Connect to instinctual self.

How to reconnect with the instinctual self:  
What am I hungry for, not just what's in front of me.Cant Offer a kindness  
Invisibilized work anti-patriarchy  
Wants me to be  
Nurturing // attentive // attunement  
Has the knowledge but won't spell it out  
Dynamic attunement vs one way of being with peopleShe's doing it again, making me fight for the thing she needs / wants without the help I need / want.  
Only doing it in her way.

Paralyzed holdout stuff

Istanbul, alright with myself, taxi man met Krystal, stole shows in mall. Had no money.  
Didn't want to steal from a Gypy

corporeal or quotidian reality

Dave ziron  
Peoples history of sports  
To be idle is to be a stranger to the seasonsAs of speaking in sleep  
U-n-i-t-y : we are infinity  
Anarchy seeks to prove points through negative action  
Send Johnny newday todo  
Shark tank**Parties:**

**GOVERNMENT BRIEF**  
**ATTACHMENT 2**